

# Holistic Health - Price List

Our services include complimentary use of sauna, steam room, spa & guest lounge area. We recommend use before you treatment to relax & warm up muscles and after treatment to do similar...

## MASSAGE

Relaxation, Remedial, Deep Tissue, Sports, Shiatsu, Lymphatic, Reflexology  
Tailored To Your Need

'Includes your choice of aromatherapy balm blend'

30mins - \$65  
45mins - \$80  
1 hour - \$88  
1.5 hours \$135  
2 hours \$160

## TRADITIONAL THAI MASSAGE

1 hour \$88  
1.5 hours \$135

## AROMATHERAPY FACIAL & MASSAGE

Facial Only  
30 mins \$65  
1 hour \$110  
Facial & Massage  
1 hour \$125  
1.5 hours \$155

## AROMATHERAPY SALT GLOW BODY SCRUB & MASSAGE

1 hour \$125  
1.5 hours including head & foot massage \$155

## DEAD SEA MUD TREATMENTS

Self Application \$75  
Full Body Mud Wrap  
1 hour \$125  
1.5 hours including head & foot massage \$155

## DAY SPA PACKAGES

### BLISSFUL DAYDREAM

A five hour luxurious package including an hour lunch served to you.  
We suggest you allow six-hours for this treatment including complimentary use of our Steam, Sauna & Spa rooms \$595

### AROMATHERAPY ESCAPE

1.5 hour Body Scrub with Massage & Facial \$185

**MENS' DAY SPA**

1.5 hours Deep Tissue Massage, Body Scrub & Aromatherapy Spa \$195

**PURE INDULGENCE**

1.5 hours Full Body Dead Sea Mud Wrap with Body Scrub and Aromatherapy Facial \$265

**DELUXE DAY SPA**

2 Hours Aroma Therapy Massage & Scrub with Full Body Mud Wrap & Aroma Therapy Facial \$295

**KAHUNA HOT STONE MASSAGE**

Relax, and let the warmth and soothing strokes of the Kahuna Stone Massage take you to another dimension. Based on the famous Lomi Lomi Hawaiian technique 1 hour \$110.00

1 and half hours \$140.00

**STEAM SAUNA & SPAS** (complimentary with any Massage/Day Spa treatment)

Each visit individually \$40

10xvisit Prepaid \$250

**COLON HYDROTHERAPY**

Initial Consultation \$35

1 hour Treatment \$75

**GIFT VOUCHERS ARE AVAILABLE FOR ALL OUR SERVICES DOUBLE ROOM AVAILABLE AT NO EXTRA CHARGE**

10% DISCOUNT applies for a course of 5 or more treatments/packages

Health Fund Rebates, Corporate, Student & Seniors discounts may apply