

## **Holistic Health - Price List**

All our services include the free use of sauna, steam room, spa and lounge area. These can be used before and /or after the treatment - with no time limit!!!

### **MASSAGE**

Relaxation, Therapeutic, Deep Tissue, Lymphatic, Sports, Reflexology, Aromatherapy, Shiatsu, Combination tailored to your needs.

Includes your choice of plain or aromatherapy oil blend.

30 min. \$ 60.00  
45 min. \$ 75.00  
1 Hour \$ 88.00  
1 and half Hour \$ 125.00  
2 Hours \$ 145.00

### **TRADITIONAL THAI MASSAGE**

1 Hour \$ 88.00  
1 and half Hour \$ 125.00

### **AROMATHERAPY FACIAL & MASSAGE**

Facial only  
30 min. Hour \$ 65.00  
1 Hour \$ 95.00  
Facial & Massage  
1 Hour \$110.00  
Facial & Massage  
1 and half Hour \$ 140.00

### **AROMATHERAPY SALT GLOW BODY SCRUB & MASSAGE**

1 Hour \$ 110.00  
1 and half hour including head & foot massage \$140.00

### **DEAD SEA MUD TREATMENTS**

Self Application \$ 60.00  
Self Application taken with a massage \$ 55.00  
Full Body Mud Wrap 1 Hour \$110.00  
Full Body Mud Wrap including head & foot massage 1 x Hours \$140.00

### **DAY SPA PACKAGES**

#### **BLISSFUL DAY DREAM**

A 6 hours luxurious package including a 1 hour lunch served in the middle. Allow a minimum of 7 hours for the package and facilities use. \$495.00

#### **AROMATHERAPY ESCAPE**

1 and half hours aromatherapy salts glow body scrub with massage and aromatherapy facial (Allow 2 and half hours) \$165.00

#### **MEN'S DAY SPA**

1 and half hours Deep Tissue massage, body scrub, foot and head massage & aromatherapy spa (Allow 3 hours) \$185.00

#### **PURE INDULGENCE**

1 and half hours full body Dead Sea Mud wrap with body scrub and an aromatherapy facial (Allow 3 hours) \$225.00

**DELUXE DAY SPA**

2 hours full body aromatherapy massage and scrub, with a full body mud wrap and an aromatherapy facial. (Allow 3 x hours) \$275.00

**KAHUNA STONE MASSAGE**

Relax, and let the warmth and soothing strokes of the Kahuna Stone Massage take you to another dimension. Based on the famous Lomi Lomi Hawaiian technique 1 hour \$110.00  
1 and half hours \$140.00

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**FACILITIES**

Includes Sauna, Steam Room, Spas and Lounge Area

Each Visit \$ 33.00

10 Visit Card \$250.00

**SOLARIUM**

Each Session \$ 14.00

10 Sessions \$120.00

**NATURAL MEDICINE**

Acupuncture, Naturopathy, Homeopathy  
Stress & Diet Management

Initial Visit \$ 75.00

Follow Up Visit \$ 60.00

**COLON HYDROTHERAPY**

Initial Consultation \$35.00

1 Hour Treatment \$75.00

**Gift Vouchers Available For All Occasions**

Health Fund Rebates, Corporate & Pensioner Discounts Available

Twin Room Available For No Extra Charge

10% Discount For a Course of Any 5 or More Treatments/Packages