

opening hours

Monday	10am – 2pm
Tuesday	10am – 9pm
Wednesday	10am – 6pm
Thursday	10am – 9pm
Friday	10am – 6pm
Saturday	9am – 3pm

Appointments are essential

Please note that the 2011 Price List is designed as a guide & that treatment programs and home care regimes are designed after consultation and consideration of individual lifestyle and personal needs.

Cancellations

Please provide a minimum of 24 hours notice should you need to change or cancel an appointment. We ask that clients provide this courtesy so other appointments can be filled.

A cancellation fee may be charged if clients do not arrive at their appointment and provide no notice.

If you are running late for your appointment please call as it may not be possible to complete your scheduled treatment in the time available.



Holistic Health Centre

Centro on James
46 James Street, New Farm

T: 07 3854 0611



**beauty therapy &
skin care solutions**

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BEAUTY THERAPY & SKIN CARE SOLUTIONS

LIST OF SERVICES

MICRO-DERMABRASION &
FACIAL TREATMENTS
EYE-BROW SHAPING
WAXING
TINTING
PEDICURES
MANICURES
COSMETIC ENHANCEMENT &
REJUVENATION

APPOINTMENTS: 3854 0611

www.holistic.com.au

skin treatments

Microdermabrasion 45mins \$100

Microdermabrasion is an intense revitalising skin treatment which combines gentle exfoliation & suction. Results are immediate. Skin is smoother, cleaner, clearer and dry, flaky skin is vacuumed away revealing a fresher complexion. Regular microdermabrasion treatments remove clogged & improve the appearance of fine lines, scarring & skin texture.

Microderm with Retinol 1hr \$140

For those clients seeking a treatment with true "WOW" factor. Suzanne has developed this signature treatment for clients seeking accelerated results with no down time.

Microdermabrasion & professional grade retinol solution are combined to dissolve stubborn, firmly seated blackheads & clogging without any stinging or burning or aggressive extraction. Skin is smooth and deeply cleansed afterwards. The results speak for themselves.

Microderm with Vitamin C (MVC) 1hr \$155

First microdermabrasion then an application Cellex-C serum - the original intense vitamin C serum. After an extended facial massage & mask the results of this facial are truly astonishing and long lasting. The MVC leaves skin plump, soft and glowing with vitality. Perfect before a special occasion.

ASAP Peels 30mins from \$80

Peels can vary from quick complexion cleansers (Glycolic 40%) to deeper results driven treatments for pigmentation & sun damage. They are ideal treatments for clients short on time & for those with skin types that require little stimulation.

Classic Facial 1hr \$125

Classic facials are designed for individual client needs. A relaxing & pampering treatment great maintenance treatment which Includes a cleanse, exfoliation, full massage including décolletage, neck and bespoke mask.

waxing & tinting

"I've never seen a brow I couldn't raise"Anon

Facial waxing

Eye-brow wax – basic tidy	\$20
Eye-brow shape and style	\$30
Eye-brow tint	\$15
Eye-lash tint	\$20
Lip/Chin wax	\$15

Body Waxing

Underarm	\$25
Forearm	\$25
Full arm	\$35
Half leg (lower or upper)	\$40
Back of thigh	\$25
Full leg (includes basic bikini)	\$70

Bikini	- basic tidy	\$30
	- g-sting	\$40
	- Brazilian	\$60
	- Brazilian maintenance (4-6 week interval)	\$40

Bottom		\$30
Chest	from	\$40
Stomach		\$30
Back	from	\$40
Nose		\$15
Ears		\$15

Paraffin wax dipping - 10mins \$15

An additional service after a manicure or pedicure or as a quick treatment in between to soften dry skin. Paraffin is very healing & deeply penetrates dry skin while binding moisture leaving skin extra smooth & silky. A winner in the War against Winter.

hands & feet

for your hands ...

Maintenance Manicure 45mins \$35

Essential maintenance and grooming for well presented hands After a softening soak, nails are filed into shape, cuticles tidied & hands moisturised & massaged. To finish, fingernails are buffed or polished.

Intensive Manicure 60mins \$45

A Maintenance Manicure with the extras of exfoliation & special attention to damaged cuticles. Hands & arms are massaged & nails topped with a pop of colour. This is an ideal manicure for very dry hands with damaged nails or problem cuticles.

for your feet...

Our feet are one of the hardest working areas of our bodies. We squash them into tight places, kick them on sharp corners & stand on them all day. Then we complain when they start causing us problems!

Professional pedicures are important for the overall health and condition of the skin (including heels) on the feet & should not just focus on toe nails & polish. Make sure your feet last the distance - you'll be glad you did.

Maintenance Pedicure 60 mins \$65

Feet are bathed to relax, sooth and soften. Nails are tidied and filed, cuticles smoothed and skin build-up is smoothed. Application of foot cream completes this treatment.

Intensive Pedicure 75 to 90 mins \$85

Once described as "a total foot renovation" the Intensive P is essential for beautiful feet. Take a Maintenance P with meticulous detail to problem areas, cracked heels and hardened cuticles. Feet are soaked, exfoliated, moisturised & massaged & toes are transformed with shaping & polish of your choice.